Hello Neighbour.

slomilled foods
Better Food Begins Here

Meet your chakki & kachi ghani !

Freshly milled flours, wood-pressed oils, Bilona ghee and more.

Traceable Grains I Preservatives Free | Traditional Processing I Milled Fresh on Order

GOOD FOOD.
THOUGHTFULLY PRICED.
Check special prices on entire range on the back.

YOUR NEIGHBOURHOOD MILL & STORE AT M3M URBANA

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SCAN TO EXPLORE ALL SLOMILLED FRESH STAPLES

Stone Milled Flours I Wood Pressed Oils | Bilona A2 Ghee
Dry Fruits, Nuts & Seeds | Breakfast Cereals | Dosa & Chilla Mixes
Natural Salt & Sweeteners | Unpolished Pulses | Stone Ground Spices

Freshly Milled Cold Pressed Chakki Flours

100% Whole Single Grain Flours	Price / kg
Wheat Based Flours	
MP Sharbati Classic Atta	62
MP Sharbati Premium Atta	72
MP Sharbati Signature Atta	82
MP Sharbati Atta with High Bran	89
Maharashtra Khapli Atta (Emmer Wheat)	210
Ancient Grains & Naturally Gluten Free Alternatives	
Makka Atta (Maize) - Gluten Free	160
Jau Atta (Barley)	170
Jaei Atta (Oats) - Gluten Free	235
Rajgira Atta (Amaranth) - Gluten Free	280
Kuttu Atta (Buckwheat) - Gluten Free	299
White Quinoa (* 500 g) - Gluten Free	235*
Millet Flours (Ancient Grains & Naturally Gluten Free)	
Bajra Atta (Pearl Millet) - Gluten Free	150
Ragi Atta (Finger Millet) - Gluten Free	140
Jowar Atta (Sorghum Millet) - Gluten Free	158
Kodra Atta (Kodo Millet) - Gluten Free	250
Kangni Atta (Foxtail Millet) - Gluten Free	275
Protein Rich Pulse & Legume Flours	
Besan (Chickpeas)	180
Soyabean Atta (Soybean)	165
Kala Chana Atta (Bengal Gram)	180
Chana Sattu (Roasted Bengal Gram)	210
Mung Sabut Atta	250
Mung Chilka Atta	236

100% Whole Multi Grain Flours	Price / kg
Classic Sharbati Multigrain Atta	95
Premium Sharbati Multigrain Atta	105
Khapli Multigrain Atta	205
Low Gluten Atta (Made from Gluten Free grains)	195

Slomilled Specialty Multi Grain Flours	Price / kg
High Protein Atta	210
Higher Protein Atta	235
Sugar Balance Atta	230
Weight Management Atta	185
Kids High Nutrition Atta (with nuts & seeds)	285
Young Mind & Body Nutrition Atta (with nuts & seeds)	310
Women Daily Strength Atta	290

Stone Chakki Ground Breakfast Mixes

Chakki Made Fresh Daliya & Suji	Price	
	500g	1kg
Sharbati Daliya (Broken Wheat)	115	200
Khapli Daliya (Broken Emmer Wheat)	180	330
Makka Daliya (Broken Maize)	120	210
Jowar Daliya (Broken Sorghum Millet)	130	230
Jau Daliya (Broken Barley)	150	270
Bajra Daliya (Broken Pearl Millet)	140	250
100% Wholewheat Suji	100	200

Chilla Mix (Ready to Cook - Just add water)	Price	
	250g	500g
Besan Chilla Mix	175	350
Oats Chilla Mix	200	400
Mung Chilla Mix	200	400
Urad Chilla Mix	215	430
Masoor Chilla Mix	200	400

Dosa Mix (Ready to Cook - Just add water & curd)	Price	
	250g	500g
Ragi Dosa Mix	180	320
Urad Dosa Mix	200	380

Pure Wood Pressed & Cold Pressed Oils

Cold & Wood Pressed Oils	Price		
	100ml	500ml	1,000ml
Black Mustard (Cold Pressed)	-	-	300
Black Mustard (Wood Pressed)	-	-	380
Yellow Mustard (Cold Pressed)	-	-	375
Yellow Mustard (Wood Pressed)	-	-	450
Ground Nut (Wood Pressed)	-	230	415
Sunflower (Wood Pressed)	-	-	520
Sesame (Wood Pressed)	-	300	550
Virgin Coconut (Wood Pressed)	150	700	-
Sweet Almond ((Wood Pressed))	390	-	-

Free Deliveries subject to distance based minimum order values.

We believe in honest pricing. As the prices of natural raw materials can fluctuate, our prices may be revised periodically to reflect prevailing costs.

Fresh Bilona Ghee (Lactose, Gluten Free)

Bilona Ghee	Price	
	500ml	1,000ml
Bilona A2 Desi Murrah Buffalo Ghee	900	1,800
Bilona A2 Hallikar Cow Ghee	1,100	2,100

Freshly Stone Ground & Whole Spices

Traditionally Stone Ground Spices	Price	
	100g	250g
Rajasthan Coriander	73	182
Salem Turmeric	85	180
Karnataka Red Chilli	100	250
Kashmiri Red Chilli	150	360
Garam Masala (15 spices)	160	380
Cumin Powder (Jeera)	125	313

Premium Grade Whole Spices	Price	
	100g	250g
Rajasthan Sabut Dhaniya	112/150g	149/200g
Gujarat Cumin Seeds (Jeera)	85	213
Kerala Black Pepper 7mm large	158	395
Kerala Green Cardamon 8-9 mm large	420/50g	
Kerala Cloves 15 mm large (Laung)	340	
Kerala Cinnamon (Dalchini)	160	-
Sri Lanka Ceylon Cinnamon	300/50g	550/100g
Gujarat Whole Fennel Seeds (Saunf)	95	-
Rajasthan Carom Seeds (Ajwain)	85	213
Kerala Nutmeg (Jaiphal)	220	-
Kerala Mace (Javitri)	320/50g	
Sikkim Black Cardamom	200/50g	380/100g
Arunachal Star Anise	170/50g	340/100g
Uttarakhand Bay Leaf (Tej Patta)	85	-
Rajasthan Kasuri Methi	110	-
Whole Garam Masala (15 spices)	180	450
Kashmiri Red Chilli (Whole)	135	-
Pure Bandhani Hing	490	-

100% Natural Salt & Sweeteners

Natural Salt & Sweeteners	Price / kg
Pure Sugarcane Khandsari Sugar	160
Pure Sugarcane Jaggery	175
Pure Himalayan Pink Salt	160

Rice & Sabudana (Gluten Free)

Rice & Sabudana	Price	
	1kg	2kg
Sona Masoori Brown Rice	120	240
Sona Masoori White Rice	98	196
Sabudana / Sago	198	-

Sundried, Unpolished Pulses (Gluten Free)

Sundried Unpolished Pulses	Price	
	500g	1kg
Kala Chana	85	170
Chana Dal	80	160
Urad Sabut	95	190
Urad Chilka	97	194
Urad Dhuli	115	230
Mung Sabut	92	184
Mung Chilka	89	178
Mung Dhuli	94	188
Masoor Kali	95	190
Masoor Lal	90	180
Kabuli Chana Large Sized	115	230
Chitra Rajma	115	230
Lal Rajma	140	280
Toor / Arhar	124	248
Safed Matar	80	160
Safed Lobia	124	248
Lal Lobia	124	248
Bhuna Chana (with Husk)	100	200

Handpicked Dry Fruits, Nuts & Seeds

Nuts, Seeds, Trail Mix & Muesli	Price	
	250g	500g
Jumbo Cashews	450	850
King Size Cashews	550	1,050
Roasted Cashews	589	1,000
California Almonds	450	850
Gurbandi Almonds	500	900
Afghan Mamra Almonds	1,300	2,550
Roasted Almonds	589	1,000
Black Raisins	310	575
Afghan Round Raisins	450	825
Afghan Long Raisins	475	925
Munakka (Seeded Raisins)	490	940
Afghan Pistachios	650	1,250
Chilean Walnuts (Giri)	875	1,700
Dried Figs (Anjeer)	725	1,400
Pine Nuts (Neja)	1,725/200g	-
Chia Seeds	250	460
Flax Seeds	110/250g	200/450g
Flax Seeds (Ground)	125	-
Sunflower Seeds	175	325
Pumpkin Seeds	230	425
Char Magaz	380	-
Seven Nuts & Seeds Superfood Trail Mix	460	850
Honey, Nuts, Berries & Seeds Muesli	350	625